



Greetings!

latest happenings:

[Lost 60 lbs in 6 Months: Patient Story with Dr. Rob:](#)

A patient of [Dr. Kachko](#), who was a dietician herself, tells her story of how 'Dr. Rob' helped her lose the weight and gain great health in the process through expert naturopathic care.



TeaToxing: Dr. Pina's Latest Dr. Oz

Will air May 17, 2017 on FOX

[click HERE for a backstage preview](#)

Her new book [The Little Book of Healthy Beauty](#) will be unveiled on the show.

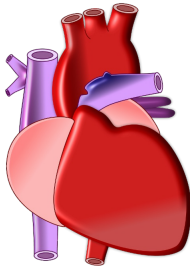


events (click on title for more info):

Better Than A Statin? The Boston Heart Panel test and natural remedies for best heart health

- Wed. May 10, 2017 at 7PM - Inner Source in New York City

Join Dr. Robert Kachko and Dr. Peter Bongiorno at Inner Source Health in New York City to learn about the basics of heart health, and a new panel that can help you understand your cardiovascular risks and best moves for keeping the heart it's healthiest. **Free**



3 Power Steps to Your Most Vibrant and Healthiest Self



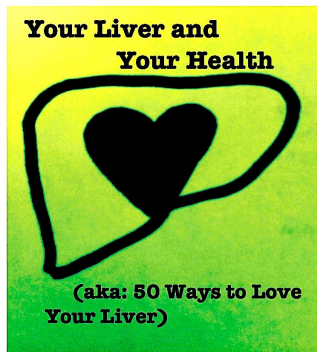
- Thurs. May 18, 2017 at 6:15PM - Inner Source Huntington

Join Dr. Pina LoGiudice and Maria Gavriel, Certified Life Coach and the author of the award-winning book, [Love Centered Parenting](#), to help you to generate clarity on what's next for you what's truly standing in your way, and holding you back as well as how to overcome your challenges to achieve your goals in a powerful and effective way. **Free**



2 extraordinary women - 1

powerful evening



50 Ways to Love Your Liver

- Monday, June 12, 2017 from 630 to 830PM at the Natural Gourmet Institute

Join Dr. Peter Bongiorno at the Natural Gourmet Institute to learn how the liver is vitally important to your best health. Learn how the liver works, how it keeps your body healthy, and what natural foods, herbs and lifestyle choices can help it, and you, stay healthy .

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