



march 26, 2017

greetings

happy spring time! so many healthy happenings at Inner Source Health. we hope you are having a wonderful beginning of spring, and this new season inspires you to get outside and create even better health.

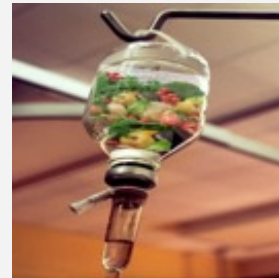
yours,

[Dr. Rob](#), [Victoria](#), [Lindsay](#), [Dr. Peter](#) and [Dr. Pina](#)

events

[Half Day for Health and Detox - Saturday, April 1, 2017](#)

- organic breakfast, mini iv therapy, acupuncture, massage, reiki and more with [Replenish Health](#)

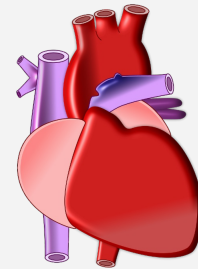


[Mitochondrial Health for Nervous System and Mental Health](#)

- Saturday, April 8, 2017
- Dr. Peter presents at the A4M symposium

[Better Than A Statin? The Boston Heart Panel and Natural Remedies for Optimal Heart Health](#)

- Wed, May 10, 2017



[50 Ways to Love Your Liver](#) - Monday, June 12, 2017

- learn how liver health is key for overall health and well being

published media

[Naturopathic Medicine for Rheumatoid Arthritis](#)

- article by Dr. Robert Kachko



[Supplements: Quality and Use for Mood Disorder](#)

- podcast with Dr. Peter Bongiorno



[Natural Anxiety and Depression Treatments](#)

- radio interview with Dr. Bongiorno



video

How Tea Can Help You Lose Weight (click on picture)



meet Lotus Physical Therapy

Rachel Bojer, MSPT has been part of the Huntington Inner Source community for the last three years. [Please visit here to get to know her](#) and her phenomenal brand of physical therapy for women's wellness.




naturopathic legislation moving forward

With Dr. Peter Bongiorno as President of the NYANP, and Dr. Robert Kachko as it's newest board member, things are shaking up in Albany as the New York Association of Naturopathic Physicians continue to fight the establishment to license ND's in New York.



Please click on picture to visit our facebook page with newest pictures (pictured: Dr. Brian Crouse, Assemblyman Felix Ortiz, Dr. Bongiorno, Dr. Steve Koda, and legislative strategist Glen Casey). Assemblyman Ortiz created the cell phone driving bill, that became a national life-saver. See more pictures [here](#).

 Forward to a Friend

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