



Peter Bongiorno ND, LAc

Pina LoGiudice, ND, LAc

www.InnerSourceHealth.com

FOR ALL APPOINTMENTS: 631.421.1848, reception@innersourcehealth.com

Dear new patient,

Thank you for the opportunity to work together for your optimal health.

- 1) Please download our new patient intake form from the website page you found this letter. Fill out the forms as completely as you can. Please bring a copy with you to our first visit. These will help ensure maximum efficiency during your visit.
- 2) Please download the diet diary and the instructions. Please make six copies of the diet diary page and fill out for as many days as you can (up to four days and two weekend days). Please do not change your eating habits or life style during this time so we can get an accurate assessment of your nutrient intake.
- 3) Please gather laboratory reports, diagnostic imaging reports, etc... that you have available from your medical doctors. If you do not have copies of these already, **we suggest making two copies, one for us to keep in the chart, and one for your own records.** You can also have these faxed to our office at: 212.807.0706 (for Manhattan patients) or 631.421.1059 (for Long Island patients).
- 4) Bring in all supplements and medications you are taking to your first visit so we can review them together. Do not ever change or alter dosages of any prescription medications with out speaking with your prescribing physician.
- 5) Please also read and sign below, which gives information about our office locations, fees and cancellation policy.

As your naturopathic doctor and acupuncturist, with your permission we would be happy to communicate with any of your doctors to create a truly integrated and team care approach for the best care possible. We recommend you continue care with a licensed medical doctor and/or osteopathic physician while working with our practice. Any decisions regarding prescription medications can only be made by your prescribing physician. Please note that under New York Education Law 8211, we advise each patient as to the importance of consulting with a licensed physician regarding your condition.

We look forward to meeting and working with you. Feel free to contact our clinic anytime if you have questions.

In health,

Pina LoGiudice ND, LAc and Peter Bongiorno ND, LAc

OFFICE ADDRESS/LOCATIONS:

Manhattan Location: 130 Fifth Avenue, 9th floor, NY, NY 10011

- This office is on Fifth Avenue, between 18th and 19th streets, to the right of the Express clothing store when facing the West side of Fifth Avenue. Take the elevator to the ninth floor. Once outside the elevator, ring both 907 and 913 to buzz in. When inside, please have a seat in the waiting area near the entrance and someone will be with you in a few minutes. Closest subway stops are the 1,2,3 line at 18th street or the B,D,F,V line which stops at 14th and 23rd. The closest parking lot is on 20th between 5th and 6th. During the weekdays (before 6PM), parking the car in a lot is advisable.

Long Island Location: 11 Stewart Avenue, Huntington, NY 11743

- Office is located in heart of Huntington Village. Driving east on Main St., turn Right onto Stewart Ave. This office is on the street level, with ample parking behind building and across the street. Currently, handicap accessibility is not available. We are in the same building as Complete Physique Gym.

FEE SCHEDULE:

Adults (17 yrs to 64 yrs):

First Office Visit (1.5 hours): \$325

Return One Hour: \$128

Return Half-Hour: \$80

Children (0 yrs – 16 yrs):

First Office Visit (1-1.5 hours): \$228

Return One Hour: \$108

Return Half-Hour: \$68

Seniors (65+ yrs):

First office call (1.5 hour): \$268

Return office visit (1.0 hour): \$108

Return Half-Hour: \$78

Fertility Assistance: for both partners (2 hour initial visit) \$475; return visits follow adult schedule

Please Note: Acupuncture is included in the visit fees. Above fee schedule also applies to phone visits.

OTHER FEES:

1. Supplementation (vitamins, botanicals, nutrients)
2. Any email or phone call to review lab work/imaging pertinent to case
3. Any emails or phone call discussing a new condition or concern
4. Phone calls beyond 5 minutes.

CANCELLATION POLICY: A non-emergency cancellation less than 24 hours in advance of your appointment will incur a \$35 fee.

I have read and understand the above fee and cancellation policy.

Date:

Signature