



Pina LoGiudice ND, LAc

www.innersourcehealth.com

HEALTH CARE EXPERIENCE

InnerSource Natural Health

Huntington, NY

Private Practice

March '04-present

- Co-medical director: focus on integrative care using naturopathic recommendations and Chinese medicine
- Specialties/Interests: Pediatrics, Infertility, Women's Health, Digestive Disorders
- Expert in natural and integrative medicine modalities including: homeopathy, nutrient therapeutics, diet, botanical medicines, hydrotherapy, and Chinese medicine.
- Creator: The BirthPlan™: www.The9MonthPlan.com

Valley Medical Center, Valley Children's Clinic

Renton, WA

Melvin Morse, MD

July '02-June '03

Intern

- Provided patient centered care for children (ages 0-18); completed approximately 230 intern hours
- Provided patient intake, physical exam, laboratory procedures and diagnosis
- Assisted/Performed minor surgical procedures, castings/splinting, immunizations, spirometry, X-ray review, nutritional and psychiatric counseling, evaluated proper childhood development
- Observed/Assisted Dr. Morse with his specialty clinic for children with developmental disorders

Bastyr Center for Natural Health

Seattle, WA

Intern

Sept '00-June '03

- Provided medical care in outpatient clinical setting under supervision of various ND's, MD's and licensed acupuncturists

45th Street Women's Clinic

Seattle, WA

Intern

April '01-June '01

- Provided patient centered care for low income women in the Seattle area
- Performed patient intake, physical exams, diagnosis, phlebotomy, laboratory procedures and STD/pregnancy counseling
- Discussed procedures and disease processes to patient and family members

RESEARCH EXPERIENCE

National Institutes of Health, Institute of Mental Health Dept. of Neuroendocrinology, Philip Gold, MD; Branch Chief Pre-doctorate fellowship

Bethesda, MD

Feb.'97- Aug.'98

Researcher

- Lead research team in using laboratory techniques such as cryostat neuroanatomical localization, autoradiography, radioimmunoassays for cortisol, ACTH, LH and FSH plasma levels, ELISA studies

MEDIA APPEARANCES

- National Television: FOX , [The Dr. Oz Show – ‘Herbal Antibiotics’](#) – June 2011 aired
- Radio: 2009 - [Z-100 the Parenting Factor](#) – ‘Raising Our Kids’
- National TV appearance: the Hallmark Channel, ‘Healthy Aging’
- TV Appearances: [Long Island Cable – Ear Infections](#)

TEACHER/LECTURER

- NAVEL Expo – Long Island, NY - Spring 2010 – Hormonal Control
- CAM Expo East – Winter 2007 “Integrative Pediatrics”
- CAM Expo West- Fall 2006 “ Integrative Pediatrics”
- New York University- Adjunct Faculty Winter 2005 – “Digestion”
- Natural Gourmet Institute for Food and Health- NYC 2005, 2006 – “ Digestion”
- Wholistic Mothering Association- Winter 2005 – “Healthy Children”
- Lupus Foundation- NYC September - November 2004

ABSTRACTS/PUBLICATIONS

- **LoGiudice P** and Bongiorno PB. [Herbal Antibiotic Alternatives](#). InnerSource Press. 2011. - *in press*
- Murray MT, **LoGiudice P** and Bongiorno PB. Otitis Media. In Pizzorno, JE, Murray, MT eds. [The Textbook of Natural Medicine](#). 3rd Edition. Elsevier/Churchill Livingstone. 2011 – *in press*
- **LoGiudice P** and Bongiorno PB. Pregnancy and Primary Prevention. In Pizzorno, JE, Murray, MT eds. [The Textbook of Natural Medicine](#). 3rd Edition. Elsevier/Churchill Livingstone. 2011 – *in press*
- **LoGiudice P**. Pregnancy and Depression. In: Bongiorno PB , [Healing Depression: Naturopathic and Conventional Treatments](#). CCNM Press. Toronto. 2010.
- Bongiorno PB, **LoGiudice P**. Hypericum. NMJ 2010; 2(12)
http://www.naturalmedicinejournal.com/pdf/NMJ_DEC10_LR1.pdf
- **LoGiudice P**, Bongiorno PB. Pediatrics and Depression. In: Bongiorno PB , [Healing Depression: Naturopathic and Conventional Treatments](#). CCNM Press. 2010.
- **LoGiudice P**, Bongiorno PB. ADHD: Tips for Parents - A Ten Point Plan. Education.com 2009. <http://www.innersourcehealth.com/docs/ADHD%20article%20on%20education.com.pdf>
- Bongiorno PB, Fratellone P, **LoGiudice P**. Garlic (*Allium Sativum*): A Narrative Review. Journal of Complementary and Alternative Medicine. 2008; 5(1) Available at:
<http://www.bepress.com/jcim/vol5/iss1/1>
- Bongiorno PB, **LoGiudice P**. Parkinson’s Disease. In: Pizzorno, JE, Murray, MT eds. [The Textbook of Natural Medicine](#). 3rd Edition. Elsevier/Churchill Livingstone. 2006
- Editor/Reviser for [Encyclopedia of Healing Foods](#) by Murray, MT. 2005
- Prolo P, Negrao A, Mantzoros C, Wong M-L, Negrao P, Vianello J, **LoGiudice J**, Spokes H, Flier J, Gold P, Licinio J. Fluctuations in rapidly sampled circulating plasma leptin concentrations are associated with psychological variables in healthy men and women. Presented at the Society for Neuroscience, 1998 Annual Meeting Los Angeles, California 1998
- Prolo P, Negrao A, Mantzoros C, Wong M-L, Negrao P, Vianello J, **LoGiudice J**, Spokes H, Gold P, Licinio J. Psychological variables are associated with fluctuations in circulating plasma leptin in healthy men and women. Presented at NIH Research Festival, 1998

EDUCATION

Bastyr University

*Doctorate of Naturopathic Medicine
Masters of Science in Acupuncture*

Seattle, WA

June 2003

University of Rochester

Bachelor of Arts, Major: Psychology

Rochester, NY

May 1995

Instituto di Lingua Moderna

Studied Italian Politics/History/Language

Milan, Italy

Jan. '94-June '94

ACTIVITIES & ASSOCIATIONS

- Member of American Association of Naturopathic Physicians
- Secretary and Board Member of New York Association of Naturopathic Physicians- 2005, 2006
- Student Physician's for Social Responsibility, co-founding member Bastyr chapter
- Bastyr University Student Council 1998-2000
- Vigilant Fire Company: Great Neck, NY- Fire Medic, 4/96-10/96
- University of Rochester Varsity Women's Field Hockey, 9/91-94
- Delta Gamma Fraternity, 11/91-6/95

ADDITIONAL SKILLS/EDUCATION

- TCM Review of Women's Diseases and Infertility
- Japanese Acupuncture: Shonishin
- Cranial-sacral Therapy
- Language: Proficient Italian
- C.P.R/First Aid Certified