



Learn about the natural and safe way to heal from anxiety.

Book signing with
Dr. Peter Bongiorno

at:

**BARNES
& NOBLE**

(Union Square in New York City)

Visit with Dr. Peter Bongiorno as he discusses his personal experience, patient experiences, and reads excerpts from his new book:

Put Anxiety Behind You: The Complete Drug Free Program

There will be discussion, time for questions, and a book signing too!

where:

Barnes and Noble, Union Square
33 East 17th Street
New York, NY 10003

when:

Wednesday, January 13, 2016 at 7 PM

Need more information?

call us at 631.421.1848 or info@innersourcehealth.com



about Dr. Peter Bongiorno: Dr. Bongiorno is the co-director of Inner Source Health, a naturopathic, holistic and functional medicine practice with offices in Long Island and New York City. Previous to medical school, Dr. Peter researched at the National Institutes of Health. He is author of four books (two professional texts and two public books) on using natural medicine to heal mental health. He can be reached via www.InnerSourceHealth.com or www.drpeterbongiorno.com